

Book of Prayers



Our Lady of Lourdes
RC Primary School

KS1 - Traditional Catholic Prayers



Age phase	EYFS	5 - 7 (KS1)	7 - 9 (LKS2)	9 - 11 (UKS2)
Prayers	<ul style="list-style-type: none"> • The Sign of the Cross • The Lord's Prayer • Hail Mary 	<ul style="list-style-type: none"> • The Sign of the Cross • The Lord's Prayer • Hail Mary • Glory be • Grace before meals • Grace after meals 	<ul style="list-style-type: none"> • The Apostles' Creed • An Act of Contrition • Angel of God • Come, Holy Spirit • The Prayer of St Richard of Chichester 	<ul style="list-style-type: none"> • Morning Offering • The Rosary • The Magnificat • Act of Faith • Act of Hope • Act of Love

Previously taught prayers

The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name;

Thy kingdom come,

Thy will be done on earth
as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us; and lead us not into
temptation, but deliver us
from evil,

Amen.

The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou among women
and blessed is the fruit of thy
womb, Jesus.

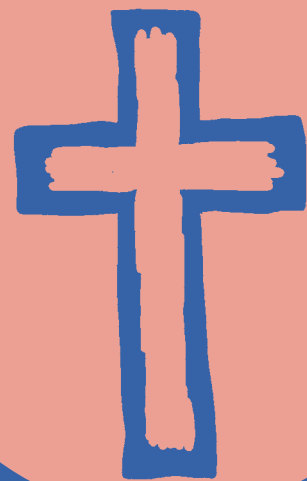
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.

Amen.

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end.

Amen.



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Grace before meals

Bless us, O Lord, and these your gifts which we are about to receive from your bounty.

Through Christ our Lord.

Amen.

Grace after meals

We give you thanks, Almighty God, for all your benefits, who live and reign, world without end.

Amen.

Grace before meals - school

Bless us O God as we sit together,
Bless the food we eat today,
Bless the hands that made the food, Bless us O God.

Amen.

Grace after meals - school

Thank you, God, for the food we have eaten,
Thank you, God, for all our friends,
Thank you, God, for everything,
Thank you, God.

Amen.





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