



YOUR SCHOOL MEALS

MAKING A
CHANGE, ONE
MEAL AT
A TIME!

WELCOME

We are delighted to be the chosen caterer for your school.

We believe that it is every child's right, not privilege, to be able to eat a lunch that is freshly prepared everyday using quality, fresh and seasonal ingredients. The food we serve and the environment we serve it in really matters.

We are experts in school catering and have years of experience when it comes to school food.



OUR QUALITY PROMISE

The 'Food for Life Served Here Award' provides excellent guidelines on food standards, which is why we base our menus on its principles. Our accredited menus are regularly audited to meet high standards.



[Find out more about the standards HERE](#)

- We use fresh ingredients free from trans fats
- At least 75% of our dishes are freshly prepared on site each day
- No harmful additives and GM
- We always consider animal welfare



We adhere to the Government's
SCHOOL FOOD STANDARDS



FREE TASTY SCHOOL MEALS

Thanks to Universal Infant Free School Meals, every child in Reception, Year 1 and Year 2 can enjoy a school meal at no cost. Children in Year 3 and above may also qualify based on individual circumstances.

From September 2026, all pupils in state-funded schools in England whose households receive Universal Credit will be eligible for free school meals.

If you feel you might be entitled, please contact your school or take a look on your council website. Search for your council by entering your post code on the Government's website here.

www.gov.uk/apply-free-school-meals



If you live in London, your child is entitled to free school meals from Reception until Year 6 (Key Stage 1 and 2).



WHAT IS ON OUR MENU?

We review and relaunch our menus twice a year. They are packed with homemade, nutritious, tasty and healthy food options to provide essential nutrients with something for every child to enjoy.

Celebratory Menus

We love to celebrate school food by hosting special pop-up days in our dining halls! It keeps students interested and these theme days offer the opportunity to try new dishes and explore new flavours. From promoting healthy living, curriculum day topics or national days of celebration – we've got a special event planned for each month of the year.

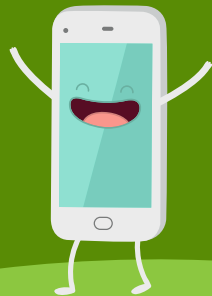


THE COOLFOOD EFFECT

Did you know that simply switching from a hamburger to a Coolfood Meal once a week, for a year, would save greenhouse gas emissions that are equivalent to?



Switching 50 incandescent bulbs to LED



The energy used to charge 158,000 smartphones



Planting 20 trees, letting them grow and release oxygen for 10 years



Saving the greenhouse gas emissions from driving a petrol car for 3,200 miles



We have committed to achieving a science-based target to reduce the climate impact of the food we serve. Look out for the Coolfood icon on your new menus.

BUILDING A BETTER TOMORROW

We're primed and passionate to drive real change when it comes to food - creating a better future for people, communities and the planet.

We recognise that we play an important role in helping to minimise our impact on the environment.

- We are reducing our carbon footprint
Look out for the **Plates For The Planet** badge and **Coolfood** icon. We dedicate at least one day every week promoting plant protein and vegetarian dishes which are loaded with colourful vegetables. This helps children to expand and diversify the protein foods they eat and boost their fibre intake too!
- We are reducing our food waste by implementing good kitchen practices
- We are phasing out single-use packaging and gradually replacing them with reusable, recyclable or compostable items



We use responsibly sourced products and seasonal, local produce wherever possible!



ALLERGIES AND SPECIAL DIETS

The management of allergies and supporting our young customers with their special dietary requirements is our priority.

Our catering team are able to cater for most primary students with medical dietary requirements.

Our robust dietary safeguarding procedure is designed to not only safeguard children with medical conditions but also support the catering staff involved in the preparation and service of the lunch time meals.

Medically based dietary requirements may be due to food allergy, food intolerance and/or other medical conditions, e.g. coeliac disease. We will also provide energy and nutritional count values for other medical requirements such as diabetes. Where possible, we try to ensure that children are eating similar foods to the main menu and their peers, while also ensuring their safety and providing a variety of healthy choices.

Please contact your school reception for more information.



Allergy Awareness Week

Did you know 40% of children have been diagnosed with an allergy?

- People with food allergies must avoid the foods they are allergic to or they may become unwell.
- People can be allergic to anything.
- If you see someone become unwell after eating, speak to an adult immediately.

ROOTS FOR THE FUTURE



MEAL ORDERING

The majority of our sites use an application for parents to pre-order their child's meals and manage payments. Please speak to your school reception to find out if your child's school is using our 'Order and Pay' system.

Don't worry if your school doesn't use the application.

Our team will share the most up-to-date menu to choose from, we even use picture menus to help your child choose their dish.

ROOTS FOR THE FUTURE

Every child deserves the opportunity to learn.

Our award-winning Education Health & Wellbeing programme, 'Roots for the Future', is built upon the wider ISS Health & Wellbeing strategy commitments.

Split into three distinct pillars, For You, For Life and For the Planet, our programme is tailored to the unique needs of our young customers - whether at school, home or beyond.

We support our catering teams with resources they can use in schools to help run workshops and presentations.

We also work with various partners and suppliers to deliver exciting activities promoting wellbeing and skills to take through life.



DOING MORE TO HELP PUPILS TOWARDS THEIR 5-A-DAY



We have incorporated beans, pulses and more vegetables in some of our meaty classics to help children diversify their protein and increase their fibre intakes- giving them and the planet a plant powered boost!



The salad bar is packed full with plenty of fresh vegetables



Your menu has more vegetable focused meals - making them more nutritious and good for the planet.

Packed Full of Familiar Favourites

We understand that it's more important than ever for pupils to eat school lunch when for many of them, it may be their only hot meal of the day.

So we've:

- ✓ Included more familiar dishes we know they love
- ✓ Re-engineered recipes to make popular dishes even healthier
- ✓ Created exciting options for KS2 pupils so the options grow as they do

Our menu icons:



At least one of your 5 a day



Halal option available upon request



Boosted



Plant Based



Vegetarian



Coolfood



PLANT-BASED JACKET POTATO OR PASTA POTS AVAILABLE DAILY
Unless specified, all our desserts are vegetarian.



HERE'S WHY YOU SHOULD CHOOSE TO DINE WITH US...

- Planning and preparing a packed lunch every day can be overwhelming. Let us take care of this for you
- We provide homemade, healthy, balanced, and nutritious food choices each and every day
- Your child's safety is our number one priority. From training our team to food safety, we have it covered
- We provide tasty and satisfying meals, helping to fuel learning and creativity through the school day
- We can help your child develop positive relationships with food by offering plenty of opportunities to try new flavours and textures. This can help support healthier eating habits such as achieving their 5-a-day
- We provide a dining experience that encourages children to dine together which can help develop their social skills and provide peer support to try new foods
- You can choose meals by either using our application or the menus made available daily

THANK YOU!

To learn more, visit our website:
www.feedinghungryminds.co.uk

